



2010 Novice Training Program

Novice Director: Steve Chick Jr. 913-208-9194, dfdchick16@yahoo.com

Four Sessions: As Scheduled @ TKQMA Racetrack

Sessions will be approximately 4 hours per day & start @ 10am.

Please dress appropriately for the outdoor parts of the program!

Week One Training Session - Sunday March 7th, start @ 10 AM

Welcome & Club Introductions.

Introduction of drivers and handlers.

Importance of Family Volunteering Responsibilities.

1. Work Details/Track Assignments
2. Judging-Learn procedures and rules. Be on time when assigned as a Judge, to keep show moving along.
3. Corner Working-Turns one thru four based on starting position. Be Safe. Work together and help each other. Be animated when trouble occurs.

Walking tour/introduction to the track, flag stand, staging, scale and pit areas. (weather permitting)

Explanation and demonstration of flags and hand signals.

Safety Practices, on track basics including entering and leaving the pits and safety lights.

Explanation and demonstration of lineups.

On track-Drivers/handlers walk a lap w/instructors. (Demonstrate how to enter, staying above the blend line when entering track, proper line on track, exiting the track w/hand signal and discuss flagman's job)

Handlers-Inspection of cars and safety equipment, restrictor plates, safety switches.

***Novice Homework:** Reinforce knowledge of flags, hand signals, lineups and track rules. Practice dressing w/safety equipment and getting in and out of the car. Use of the drivers on/off switch and the importance of using the brakes when needed-do not run over the handlers!

Week Two Training Session-Sunday March 14th

Welcome Novices and handlers with introductions as needed.

Question/answer session.

Review car safety, on/off switches, use of the brakes.

Review track rules for staging, on track entry and exit procedures and double and single file lineups.

Review of flags, hand signals, safety lights and on track flagging basics.

Re-inspection of cars and equipment as needed.

On-track- stage cars in staging shed and explain race day procedures for paper numbers and staging again. (use paper numbers on cars)

Flag exercise for drivers and handlers while pushing cars on track using a flagman.

Push cars to learn the racing line with a flagman.

Push cars in a starting double file lineup and a single file lineup with a flagman using the lineup board.

Practice procedures and hand signals for entering/leaving the track.

Run cars on track one at time with $\frac{1}{4}$ throttle.

***Novice Homework**-Handlers and drivers review staging and entering/leaving race track and pit area basics. Review with your Novice their safety equipment, on track procedures, flags, hand signals and where to watch flagman for starts and double and single file lineups-remind them to watch for the lineup board and listen to radio instructions from Race Director.

Week Three Training Session-Saturday March 20th

Welcome Novices and handlers with introductions as needed.

Question/answer session.

Quiz for Novices of flags, hand signals, track procedures, lineup procedures.

Review as needed of materials covered in previous weeks. (younger drivers may need special attention at this time)

Explain restarts and how to find position for restarts. (have lineup board)

Explain the black flag, number board and scoring procedures with drivers and handlers.

Discussion and explanation of judging calls, DOT's and procedures.

Discussion of "Racing Room", Passing Techniques and Sportsmanship.

On track-stage cars in staging shed, safety checks, with assigned numbers.

Run cars on track one at time at $\frac{1}{2}$ throttle, practicing proper entrance and exiting of track with flagman, practice stopping in their pit box.

(five lap runs watching for flagman)

Run two or more cars together on the track.

Practice lineups if time permits under yellow flag.

*Novice Homework-complete review of all flags, signals, lineups and procedures. Reinforce with the Novice proper entering and exiting of track and the need to give other drivers "Racing Room" and Sportsmanship on and off the track. Complete Novice Self-Assessment form with the Novice. (bring to next session)

Week Four Training Session-Saturday March 27th

Welcome and review of all lessons from previous as needed.

Question/answer session.

Review of handler/driver judging procedures.

Discussion of good sportsmanship and teamwork.

Discussion of the importance of your racing line, giving fellow racers racing room and an introduction to the yellow commitment lines on the track and their importance for proper passing.

On track-Stage cars in staging shed, safety checks w/assigned numbers.

Run cars one at time on track at full throttle practicing all track procedures.

Run up to eight cars on track practicing lineups together/race. (Jr. Novice)

Run up to ten cars on track practicing lineups together/race. (Sr. Novice)

(If time permits may stage a "mock" Race Day w/sign-ins, heats and features like an actual race-day)

(Make up Sessions for weather/missed sessions - as scheduled by Novice Director)

Novice Evaluations and Sign off on Novice Training Checklists.

Note: Graduation Ceremony for Drivers completing the Novice Education Program and earning their spot in our Novice Racing Classes at the track, before handlers meeting March 28th.

Remember to apply our racetrack training, use good sportsmanship and above all - "HAVE FUN" !

SEE YOU AT THE RACES !